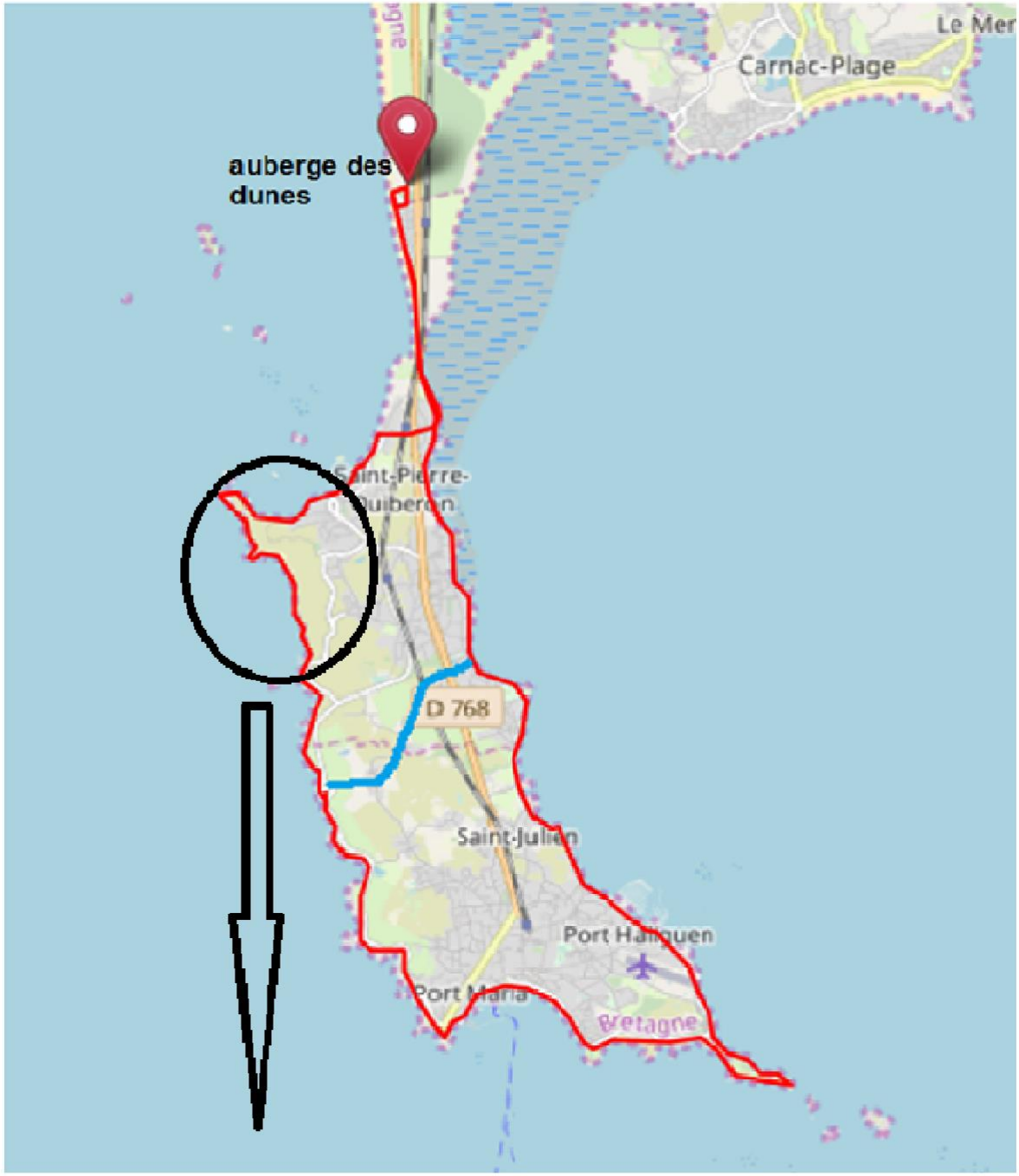

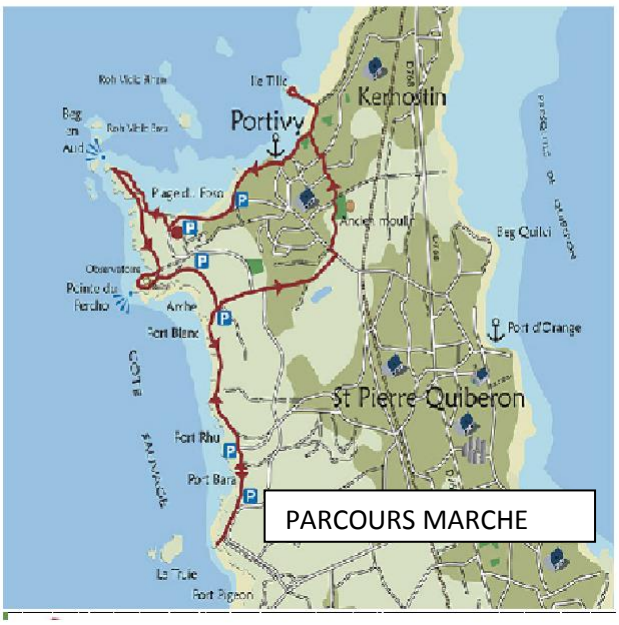

3 parcours + marche
32kms : le tour de la baie
environ 16 kms le nord ou le sud de la baie
marche de 9 kms